

A Psalm when I...



When my heart is heavy

...am sad Psalm 34:18

...am grieving Psalm 147:3

...am anxious Psalm 94:19

...am worried Psalm 55:22

...am overwhelmed Psalm 61:2

...am exhausted Psalm 23:2-3

...am afraid Psalm 56:3-4

...am lonely Psalm 139:1-5

...feel unseen Psalm 56:8-9

...am angry Psalm 4:4

When I'm reaching for God

...feel far away from God Psalm 139:7-10

...don't feel good enough Psalm 139:14

...need to repent Psalm 51:9-12

...feel like heaven is silent Psalm 13

...don't know what to do Psalm 25:4-6

...am tempted Psalm 119:9-12

...need courage Psalm 27:14

...am sick or hurting Psalm 6

...don't feel safe Psalm 91:1-2

...feel like life is unfair Psalm 37:7-9



When my heart is full



...am excited
Psalm 118:14-24

...am grateful
Psalm 103

...want to praise Him
Psalm 100

...am overjoyed
Psalm 126:3

...am in awe of creation
Psalm 8

...want to tell someone
Psalm 66:16

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